

## **4000 m**

### mU12

1.	Elias Nestler	SV Kyffhäuser	20:08,22
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### wU14

1.	Elisa Kunert	Arterner LV	22:01,29
2.	Angelina Falley	Glückauf Sondershausen	23:17,44
3.	Frieda Herold	Arterner LV	23:44,06

### mU16

1.	Anton Stockhaus	Glückauf Sondershausen	15:56,72
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### wU16

1.	Lena Posniak	SV Sömmerda	15:43,39
2.	Lea Vanessa Schmidt	Arterner LV	21:35,75

### mU18

1.	Even Schumann	SV Kyffhäuser	19:06,12
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### wU18

1.	Nathalie Wolff	SV Kyffhäuser	21:53,47
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### Männer

1.	Sebastian Lauerwald	Lipprechterode	19:11,52
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### M35

1.	Mike Schönau	Extremkletterer	17:28,49
2.	Marco Welkner	SV Kyffhäuser	17:29,64

### W35

1.	Nancy Kummer	Arterner LV	21:06,00
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### M40

1.	Christian Ende	LG Bad F./ Göllingen	16:38,68
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### W40

1.	Dana Kissmann	Kalbsrieth	24:29,26
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M45

1.	Ulrich Konschak	SV Nordhausen 90	14:02,86
2.	Detlef Wolff	SV Kyffhäuser	18:53,20

M50

1.	Thomas Csanyi	Team Kyffhäuser	19:33,24
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M55

1.	Norbert Bagschik	SV Kyffhäuser	20:35,34
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M60

1.	Frank Relius	SV Kyffhäuser	24:09,05
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M70

1.	Bernd Mäder	SV Kyffhäuser	22:45,34
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M75

1.	Jürgen Elleramm	SV Kyffhäuser	22:37,46
2.	Manfred Kröhl	SV Kyffhäuser	25:57,18